



FROST VALLEY YMCA

Weekend Registration Form

Group & Family Retreats



ADDRESS: 2000 Frost Valley Road, Claryville, NY 12725 **TEL:** 845-985-2291 **FAX:** 845-985-0056
EMAIL: reservations@frostvalley.org **WEB:** frostvalley.org **FACEBOOK:** facebook.com/frostvalleyymca

Women's Wellness Weekend *March 31-April 2, 2023*

Please complete this form and send to the address above.

Name _____

Address _____

City _____ State _____ Zip _____ County _____

Home Phone _____ Work Phone _____

Cell Phone _____ Email _____

CHECK-IN: 4:00pm Friday **CHECK-OUT:** 2:00pm Sunday

OVERNIGHT WEEKEND GUEST RATES include lodging, all guided program activities, and meals starting with dinner Friday through lunch Sunday:

2022 RATES**

LODGE-STYLE (DORM/BUNK BEDS)

- \$357/person (4 or more)*
- \$404/person (2-3 people)*
- \$530 single occupancy

FORSTMANN CASTLE (SHARED BATH)

- \$451/person shared occupancy*
- \$662 single occupancy

HOTEL-STYLE LODGE (PRIVATE BATH)

- \$472/person shared occupancy*
- \$699 single occupancy

I would like to room with*:

Roommates must register **at the same time.*

Please mail this form to the address above ATTN: Reservations and include a check (payable to Frost Valley YMCA) or give us a call to pay with a credit card.

****REGISTER AND PAY IN FULL BEFORE DECEMBER 31, 2022 AND PAY 2022 RATES (as listed above). CANCELLATIONS RECEIVED BY 2/27/2023 WILL RECEIVE A FULL REFUND LESS A \$50 PROCESSING FEE PER PERSON. CANCELLATIONS RECEIVED AFTER 2/27/2023 WILL FORFEIT PAYMENT.**