

Ruth Gottscho Dialysis and Children's Kidney Program at Frost Valley YMCA
www.frostvalley.org/kidney

Reminders for Everyone

The main camp number is **(845) 985-2291**, then ask for the Gottscho Dialysis Unit (x227).

Medications

- Kidney campers must BRING THEIR MEDS to camp. (Do not order meds as other campers do). This includes pills, liquid medications, and any injectables (growth hormone, Epogen, insulin, etc.). Children should arrive with at least a 14-day supply of all medications, which should be in the original labelled containers from the pharmacy, NOT pre-poured.
- Children with unlabeled meds cannot stay at camp!
- We recommend packing in a separate carrier or cooler bag, labelled with their name.
- Medications and any related paperwork should be brought immediately to the Wellness Center or given to counselors on your child's bus. Please doublecheck ALL meds before your child boards the bus!
- When your child returns from camp, meds will be packed in their luggage whenever possible, but please check with bus counselors for anything required special arrangements (liquids, cooler bags, etc).
- If you have any questions about bringing/transporting meds to camp, please contact our coordinators ASAP (below)

For PD campers

Please share this info with your PD nurse.

Be sure to review **CAPD** technique with your nurse prior to arriving at camp. Our nurses will be there to help and teach you, but training and practicing ahead of time is VERY important.

Contact your supplier (Baxter, Fresenius) several weeks ahead of time and let them know that you need: 14-16 days' worth of dialysis fluid & supplies delivered to camp. Specifically request Ultrabags and Minicaps for CAPD! Your dialysis nurse can contact us directly to discuss supplies and routine at camp.

The address is: Ruth Gottscho Dialysis Unit/Guenther Wellness Center, Frost Valley YMCA
2000 Frost Valley Road Claryville, NY 12725-9600 Phone (845) 985-2291

Maya Doyle, LCSW, Social Work Coordinator
Elena Cotillo, RN, Dialysis Nurse Coordinator

347-665-8662

mdoyle@montefiore.org
ecotillo@montefiore.org

We can't wait to see your camper!

